

SOUND HEALING CLINIC

With Jim Thomas, Paul Thomas, & John Englund

Samara Healing Center, Taneytown, MD
Every Second Tuesday | 5-9:30pm*



We invite you to come bathe in serene, rejuvenating, and inspiring meditative music. Participants are immersed in an atmosphere of singing, crystal bowls, gongs, drum and rattle, shruti box, and other elemental textures. All while lying on a vibroacoustic table, which allows one to *feel* deep vibration in the body. Gentle touch and energy healing is used as well.

Experience...

- Relaxation, rest, stillness
- Stress and tension relief
- Emotional release and balance
- Insight, transcendence, and spiritual connection

Participation is by donation (\$45-\$75 is suggested).

Pre-registration is required. Space is limited to five session spots per clinic:*

5-5:30pm | 6-6:30pm | 7-7:30pm | 8-8:30pm | 9-9:30pm

To register, please contact Jim Thomas at:

jlthomas@qis.net | 410-756-6419