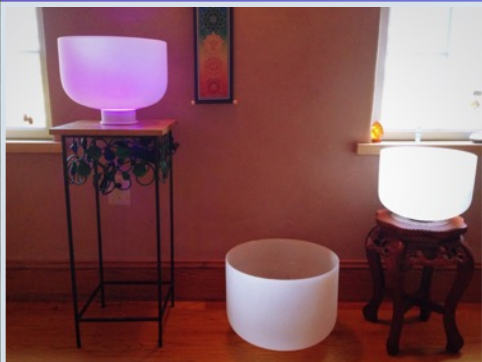


SOUND HEALING CLINIC

With Jim Thomas, Paul Thomas, & David Powell

At Samara Healing Center, Taneytown, MD
Tuesdays | 7:00pm - 10:00pm*



“The art of healing is resonance between higher self and body. This resonance initiates recognition, understanding, knowledge, restoration, recentering, and finally healing...Love, music, and nature offer the most sublime and uplifting possibilities of resonance...to greater aspects of ourselves.”

-Fabien Maman

Samara Healing Center
4148 East Diehl Rd.
Taneytown, MD 21787

For more information, visit:

www.samarahealingcenter.com

Sound has a powerful way of moving the deep waters of our being, illuminating the cavern of our subconscious, and igniting the fire of our hearts. In more eastern, quantum, or esoteric understandings, it is at these deep emotional, sub-atomic, and pure energetic levels where all patterns of ill-health in body and mind are rooted, and seeds of change await activation.

Furthermore, contemporary research shows us that sound can produce beneficial and significant changes both in the physiology of the body and activity of the brain.

Whatever your beliefs and level of experience with music, we invite you to experience the transformative power of sound, music, and vibration. Participants in the Sound Healing Clinic, while lying on a **vibroacoustic table**, will receive a half hour* **individual session of intuitively guided healing music** from Jim Thomas (Acupuncturist and musician), Paul Thomas (sound healer and musician), and David Powell (musician) that includes **quartz crystal singing bowls, vocal toning and chant, shruti box, shamanic percussion, and vibroacoustic frequencies.** This potent field of acoustic vibration can act as a powerful catalyst for:

- **Stress relief**
- **Deep relaxation & centeredness**
- **Emotional release & clarity**
- **Physical pain relief & healing**
- **Chakra & energy system balancing/activation**
- **Personal insight, transcendental awareness, & spiritual connection**

Participation is by donation (\$30-\$60 donation is suggested). Pre-registration is required for the Sound Healing Clinic. Space is limited to four session spots per clinic.*

7-7:30pm | 7:45-8:15pm | 8:30-9pm | 9:15-9:45pm

To register, please contact Jim Thomas at:

jlthomas@qis.net | 410-756-6419